



MAESTRO
CONSULTANTS

LEADING SAFETY PERFORMANCE IMPROVEMENT

COURSE OUTLINE 2024

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TRAINING TITLE

LEADING SAFETY PERFORMANCE IMPROVEMENT

VENUE

Kuala Lumpur, Malaysia

DURATION

5 Days

DATES

14 - 18 October 2024

PRICE

\$5,750 per attendee including training material/handouts, morning/afternoon coffee breaks, and Lunch buffet.

TRAINING INTRODUCTION

This comprehensive five-day course combines an introduction to HSSE regulations with strategies for leveraging them to drive safety performance improvement. Participants gain a solid understanding of key regulations, while also exploring how to use this knowledge to create a safer work environment.

TRAINING OBJECTIVES

By the end of this course, participants will be able to:

- Identify major HSSE regulatory agencies and their areas of responsibility.
- Analyze core regulatory requirements for workplace safety, health, and environmental protection.
- Interpret regulatory language and effectively apply it to improve safety performance.
- Develop strategies for achieving and maintaining compliance with HSSE regulations, with a focus on promoting safety.
- Identify opportunities within regulations to implement proactive safety measures.

TRAINING AUDIENCE

- Safety Officers and Health & Safety Specialists
- Line Managers and Supervisors with safety responsibilities.
- Human Resources Professionals involved in safety programs.

- Company Owners and Business Leaders seeking to create a safer work environment.
- Anyone who wants to contribute to a culture of safety and compliance within their organization.

TRAINING OUTLINE

Day 1: Foundations of HSSE Regulations and Safety Performance

- Introduction to HSSE Regulations: Defining safety, health, and environmental concerns and their connection to regulations.
- The Role of Regulations in Safety Performance: Understanding how compliance contributes to a safer workplace.
- Understanding Regulatory Frameworks: An overview of prominent frameworks and their impact on safety standards.
- Introduction to Key Safety Performance Metrics: Exploring metrics like incident rates, lost workday cases, and safety culture indicators.

Day 2: Core Regulations for Workplace Safety and Performance Improvement

- Focus on key regulations governing workplace safety hazards, with a performance improvement lens:
 - Machine guarding and lockout/tagout procedures (emphasizing safe work practices).
 - Fall protection and PPE requirements (focusing on preventing injuries).
 - Electrical safety and hazardous energy control standards (highlighting risk mitigation strategies).
 - Chemical exposure limits and hazard communication programs (connecting compliance to safe handling practices).

Day 3: Linking Regulations to Health and Environmental Safety

- Exploring regulations related to occupational health and environmental protection, emphasizing their role in safety:
 - Noise exposure limits and hearing conservation programs (preventing hearing loss and related safety incidents).
 - Indoor air quality standards and ventilation requirements (ensuring a healthy and safe work environment).
 - Resource conservation and hazardous waste disposal regulations (promoting a safe and sustainable workplace).

Day 4: Compliance Strategies for Enhanced Safety

- Developing strategies for achieving and maintaining HSSE compliance, with a focus on exceeding minimum requirements and proactively improving safety:
 - Conducting compliance audits and inspections with an eye on hazard identification and risk mitigation.
 - Implementing corrective actions that address root causes of incidents and prevent recurrence.
 - Establishing recordkeeping procedures and documentation systems for continuous safety improvement.

Day 5: Leveraging Regulations for Ongoing Safety Performance Improvement

- Identifying opportunities within regulations to implement proactive safety measures:
 - Using regulatory requirements as a starting point for setting stricter internal safety standards.
 - Utilizing compliance audits to identify areas for preventative safety initiatives.
 - Staying current with regulatory updates to continuously adapt and improve safety practices.

TRAINING CERTIFICATE

MAESTRO CONSULTANTS Certificate of Completion for delegates who attend and complete the training course.

METHODOLOGY

Our courses are highly interactive, typically taking a case study approach that we have found to be an effective method of fostering discussions and transferring knowledge. Participants will learn by active participation during the program through the use of individual exercises, questionnaires, team exercises, training videos and discussions of “real life” issues in their organizations. The material has been designed to enable delegates to apply all of the material with immediate effect back in the workplace.