

# EMOTIONAL INTELLIGENCE

## **COURSE OUTLINE 2024**

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#### TRAINING TITLE

**EMOTIONAL INTELLIGENCE** 

#### **VENUE**

Dubai, UAE

#### **DURATION**

5 Days

#### **DATE**

15 - 19 January 2024

#### **PRICE**

\$5,250 per attendee including training material/handouts, morning/afternoon coffee breaks, and Lunch buffet.

#### TRAINING INTRODUCTION

In a fiercely competitive world, organizations are constantly looking for fresh insights & making endeavor to improve their skills and competence to acquire and maintain the competitive edge. While technology, resources and machinery can be managed with relative ease, the people variable remains the focal point for business leadership. Research indicates that mere possession of high IQ does not guarantee superior performance and success. There is definite evidence to suggest that Emotional Intelligence plays a crucial role in creating a winning edge. It has significance in dealing with customers/clients, suppliers, followers and in developing conflict free enthusiastic work environment. Emotional Intelligence is required by leaders in all areas of operation.

#### TRAINING OBJECTIVES

- To expose the participants to the key concepts of Emotional Intelligence.
- To provide an opportunity to observe and experiment with behaviour in a risk free environment.
- To explore the use of Emotional Intelligence at work.
- To initiate the process of developing Emotional Intelligence.

#### TRAINING AUDIENCE

Ideally suited for those in leadership role or are being groomed that for. Executive Managers and leaders who are looking for powerful tools to increase their personal, professional, and organizational performance. Middle Managers of HR, operations and supervision and who are new to their roles and senior managers looking to take their organization to the next level are encouraged to attend.

#### **TRAINING OUTLINE**

#### **Topics Covered**

- Organizational dynamics and features of Excellent Organizations.
- Emotional Intelligence- concepts.
- Emotions and their significance.
- Diagnosing current level of Emotional Intelligence.
- The Emotional Competence Frame work
- The Art of Influence & Communication
- Conflict Management
- Leadership Skills
- Change catalyst
- Collaboration, Teams and group IQ
- Guideline for Emotional Competence & Training
- Motivation
- Focus on clear, manageable goals
- Encourage practice & Arrange support
- Awareness about thinking and feeling.
- Emotional Intelligence and success
- Emotional Intelligence in Organizations.
- Developing Emotional Intelligence.

#### TRAINING CERTIFICATE

**MAESTRO CONSULTANTS** Certificate of Completion for delegates who attend and complete the training course.

#### **METHODOLOGY**

Our courses are highly interactive, typically taking a case study approach that we have found to be an effective method of fostering discussions and transferring knowledge. Participants will learn by active participation during the program through the use of individual exercises, questionnaires, team exercises, training videos, and discussions of "real-life" issues in their organizations. The material has been designed to enable delegates to apply all of the material with immediate effect back in the workplace.